



# State of Arizona Naturopathic Physicians Medical Board

“Protecting the Public’s Health”

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**Douglas A. Ducey – Governor**

Dr. Bruce Sadilek, ND – Chair • Vacant, – Vice Chair - Physician Member • Karen Tibbitts - Public Member

Vacant - Physician Member • Diva Galan - Public Member

Heston Silbert - Public Member • Dr. Brian J. Popiel, ND - Physician Member

## MINUTES

### BOARD MEETING

**Thursday, February 8, 2018 • 1:00 p.m. • Board Room C**

**1740 W. Adams Phoenix, AZ 85007**

#### 1. CALL TO ORDER BY PRESIDING OFFICER

Dr. Sadilek called the meeting to order at 1:13 p.m.

##### A. Roll call of Board members and establishment of a quorum to conduct meetings.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Present	4	x		x	x	x		
Absent	1						x	
Vacant	2		x					x

##### B. Acknowledgement of presence of Board staff and legal counsel.

Ms. Sabrina Khan, Assistant Attorney General, Ms. Gail Anthony, Executive Director.

#### 2. DECLARATION OF CONFLICTS OF INTEREST

Dr. Sadilek declared he would be recusing himself from items 7(B) and 9(F).

#### 3. CIVILITY STATEMENT

Dr. Sadilek read the civility statement.

#### 4. CONSENT AGENDA – REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING APPROVAL OF THE FOLLOWING APPLICATIONS.

##### A. Naturopathic Medical License by Examination

Mitchell, Sasha

##### B. Naturopathic Medical License Reinstatement of Retired License

Jemison, Thomas (temporary license issued in accordance with A.R.S. § 32-1522.01)

##### C. Renewal Naturopathic Medical License

Abel, Larry

Alibrio, Alice  
Amerine, Lisa  
Anderson, Kristy  
Archambault, Brian  
Arthurs, Kevon  
Baca, Amalia  
Baca, Amalia  
Bailey, Robin  
Bakty-Johnson, Esti  
Bantel, Dawn  
Baral, Matthew  
Belt, Amber  
Binder, Tiffany  
Binder, Tiffany  
Borsa, Robin  
Botham, Jennifer  
Bramstedt, Jessica  
Burton-Teed, Blythe  
Butner, Lana  
Buxbaum, Dane  
Cain, Briana  
Cameron, Kathryn  
Campbell, Erica  
Caravone, Kimberly  
Cavaiola, Matthew  
Ceballos-Logan, Gladys  
Chilcoat, Aisha  
Christian, Shonna  
Cisar, Leslie  
Compton, Christina  
Coracides, Alexander  
Coss, Mario  
Craig, David  
Cramer, David  
Cummins, Emy  
D'Aprile, Delores  
D'Armanta, Annette  
Despotides, Bianca  
Dickens, Andrew  
Doak, E. Friederike  
Dubasik, Valentina  
Dye, John  
Ealy, Henry  
Eastman, Carole  
Edwards, Kevin  
Elton, Jennifer  
Esquerdo, Ramon  
Exkart, Kayla  
Falkner, Michaela  
Feaster, Joanne  
Ferguson, Linda

Feria, Lilia Finker,  
Jillian Fitzgibbons,  
Bridget Flores,  
Filberto Fontaine,  
De Adrea Ford,  
Rebecca  
Garrett-Shortly, Sabine  
Girard, Christine  
Graham, Sherdeen  
Graham, Stephanie  
Granger, Cheryl  
Green, Victoria  
Grise, Diane  
Gustavson, Rebecca  
Hamilton, Tursha  
Hawes, Courtney  
Hawk, Diane  
Hawkins, Susan  
Hazel, Sara  
Helms, Laurent Stephun  
Hering, Lance  
Hernandez, Matthew  
Hesler, Sean  
Hesler,, Carolyn  
Highsmith, Tiffany  
Hilli, Lisa  
Hinojosa, Judith  
Holiday, Luke  
Holiday, Luke  
Hoover, Tanisha  
Hughes, Melissa  
Hutyrova, Daniela  
Issels, Christian  
Jackson, Janice  
Janjua, Kiran  
Janson, Michele  
Johnson, Cheryl  
Jones, Ana  
Just, Scott  
Kamin, Katherine  
Karampahtsis, Emmanouil  
Karim, Shairoz  
Kasian, Stefan  
Kellum, Nicole  
Keranen, Emily  
Kerievsky, Ross H.  
Kerr, Veronique  
Kim, Linda  
Kinsley, India  
Kooima, Jessica  
Krukowski, Jody

Larke, Daniel  
LaRoche, Sara  
Larrow, Anita  
Lee, YoungJu  
Livengood-Anderson, Elizabeth  
Lopez, Eric Edward  
LoRal, Linton  
Magee, Ashley  
Maltais, Shannon  
Maschak, Jeannine  
Matthias, Ronald  
Mayer, Alexander  
McCarthy, Brendan  
McConnell, Bryan  
Mcgee, Heather  
McWilliams, Kenneth  
Miller, Alicia  
Minesaki, Andrea  
Mnguni, Sibongile  
Mobley, Stacy  
Mora, Carmen  
Muhammad, Hanifah  
Mulkey, Stacy  
Myers, Robert  
Nandyla, Lakshmi  
Navarro, Alma  
Needle, Jessica  
Neeley, Kyle  
Nelson, William  
Nguyen, Krystine  
Nichols, Douglas  
Nordin, Anna  
Noronha, Bethania  
Olic, Sandra  
Patrice, Analiah  
Patterseon, Chad  
Peronel, Magda  
Peruch, Tracy  
Pihlgren, Lauren  
Polec, Will  
Potts, Jeffrey  
Powell, Lahnor  
Psenka, Jonathan  
Purvis, Kathryn  
Rader, Alan  
Reker, Mary  
Retz, Michelle  
Riaz, Samar  
Romero, Kelly  
Rose, Katherine  
Rubin, Daniel

Ruiz, Robert Ruiz,  
Vanessa Sabatier,  
Steven Salzwedel,  
Kristen Sax,  
Rebekkah Sayadian,  
Serop Scher, Bruce  
Schwaiger, Timothy  
Sears, Rory  
Seder, Jeffrey  
Sheehan, James  
Sims, DeJarra  
Singer, Kirsten  
Smialek Ford, Kiera  
Smith Pingel, Patricia  
Smith, Todd  
Smithers, Jillian  
St. Rose, John  
Stouk, Olya  
Stratton, Susan  
Streisfeld, Robert  
Suhaila, Lena  
Tallcouch, Damon  
Tallman, David  
Tamburri, Frank  
Tapia, Paola  
Teale, Camille  
Tenney, Michelle  
Tobar, Shanna  
Tucker, Michelle  
Vacik, Deborah  
Van der Veer, Karen  
Van Driel, Evan  
Vassighi, Nazanin  
Vaughan, Karen  
Victor, Erin  
Victor, Erin Visser,  
Timothy Waddell,  
Shayla Waite, Amy  
Waldman, Renee  
Wallace, Kevin  
Walsh, Bridget  
Weiss, S.A. Decker  
Whaley, Amanda  
Whittemore, Ashley  
Wikramanayake, Lahari  
Willfahrt, Karen  
Williams, Mercedes  
Williamson, John  
Wilson, Kimberly

Winter, Erin  
Wooten, Tracy  
Worsham, Ayesha  
Yerby, Christie  
Zamora, Jamie

**D. Initial Certificate to Dispense**

Dye, John  
Edwards, Kevin  
Shenkman, Brett  
White, Iasha

**E. Retire Medical License**

Dallman, Terra  
Loschert, Amy-Jane  
Mauss, Johanna  
Muhammad, Asia  
Mullis, Nancy

**F. Renewal Certificate to Dispense**

Green, Victoria  
Ian, Hannah

**G. Initial Certificate to Conduct a Preceptorship**

Bayrd, Shanna  
Cervigni, Maria  
Icard, Melanie

**H. Initial Certificate to Engage in a Preceptorship**

Shannon, Jillian

**I. Initial Specialty Certificate**

Coats, Melissa  
Martell, Casey

**J. Renewal Certificate to Engage in a Clinical Training Program**

Adesina, OluwaTimplehin  
Dastas, Jose  
Farooq, Anees  
Jones, Greg  
Kelemen, Ramona  
Manter, Alexander  
Mosley, Mariah  
Mostofo, Hasan  
Murphy, Julie  
Prince, Carolyn  
Rabie, Homan  
Richardson, Dorian  
Royer, Lacey  
Vazquez, Gerardo  
Zyglis, Elliot

**Consent Agenda Vote.** Dr. Sadilek made a motion to approve agenda items 4 A-J. Seconded by Ms. Galan. Motion Carried 4 Ayes, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**5. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING BOARD ACTION ON JANUARY 11, 2018 IN BOARD CASE NO. 17-074, DR. ARDESCHIR MEHRABANI, N.D, TO INCLUDE RESCINDING THE NON-DISCIPLINARY CONSENT AGREEMENT, LETTER OF CONCERN, AND THE NON-DISCIPLINARY ORDER FOR CONTINUING EDUCATION.**

Mr. Artie Eaves, legal representative for Dr. Mehrabani was present. Ms. Anthony provided a summary of the case. Mr. Eaves provided a statement and summary of Dr. Mehrabani's practice. Dr. Sadilek made a motion to go into Executive Session for legal advice. Seconded by Ms. Galan. Motion carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

The Board returned to Regular Session at 1:40 p.m. Dr. Popiel referenced statements made by Dr. Marabani at the meeting of January 11, 2018 regarding his implementation of an electronic record keeping system and asked if the electronic system is currently being utilized. Mr. Eaves stated he believed Dr. Mehrabani is in the process of uploading charts into the system and is not sure if the system is in use at this time. Dr. Popiel stated that Dr. Mehrabani mentioned he has made significant changes to his charting since the notice of this case. Mr. Eaves confirmed that statement. Mr. Eaves stated that his client is a good practitioner who focuses on patient care. Mr. Eaves stated that there was an article written in Tucson Digest that the Board reviewed at the January 2018 meeting, which featured Dr. Mehrabani as a practitioner who provides alternative treatments for pain instead of prescribing opioids.

Dr. Sadilek stated Dr. Mehrabani's chart notes go to other providers and his charting is unacceptable. Dr. Popiel commented that since Dr. Mehrabani also teaches students there is a concern as to what he is teaching if he does not understand how to do an appropriate chart note. Dr. Sadilek stated he would anticipate Dr. Mehrabani's charting to be significantly improved upon receiving notice of this case. Dr. Popiel stated the Board would like to confirm improved charting practices through a chart review.

Ms. Tibbitts stated that she would like to see 10 charts from December 2017 through February 2018.

Dr. Sadilek made a motion to rescind the non-disciplinary consent agreement, rescind the letter of concern, rescind the non-disciplinary order for continuing medical education, obtain and review 10 charts from December of 2017 through the end of February 2018, and upon review of his charting practices for that time frame, the matter would be placed on a future agenda for Board review.

Seconded by Dr. Popiel. Roll Call Vote: Ms. Galan; Nay - explaining she believes this case warrants disciplinary action, Ms. Tibbitts; Aye, Dr. Popiel; Aye, Dr. Sadilek; Aye. Motion Carried 3 Ayes, 1 Nay, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	3	x		x	x			
No	1					x		
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**6. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING BOARD CASE NO. 17-074, DR. ARDESCHIR MEHRABANI, N.D.**

Review of this matter is tabled pending review of records as stated in agenda item (5).

**7. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING THE FOLLOWING BOARD CASES.**

**A. Dr. Debora Chelson, Case No. 17-081 - Investigative Interview**

Dr. Chelson was present. Ms. Anthony provided a summary of the case. Dr. Chelson stated she began working for a clinic that would refer her patients to certify for medical marijuana. Dr. Chelson stated that she would see the patients at her clinic and the medical records would be sent to her electronically. Dr. Chelson also indicated that she no longer works for that clinic. Dr. Chelson stated the reason she could not locate one of the patient records is because it was placed in the wrong electronic folder, and commented that she charts differently for her medical marijuana patients than her other patients, as her medical marijuana patients are not her “real patients,” meaning the patients she will see again.

Dr. Sadilek stated that those are her patients and the charting should be the same, a SOAP note format.

Dr. Chelson stated she always uses a SOAP note format.

Ms. Galan stated she has issue with Dr. Chelson's noncompliance with the Board investigation.

Dr. Chelson stated she had been in front of the Board in October of 2016, so she was tense when dealing with Ms. Anthony during the investigation.

Ms. Galan stated that because Dr. Chelson had been in front of the Board for a prior incident, she would have been familiar with the processes and is even more concerned with her noncompliance.

Dr. Sadilek made a motion to go into Executive Session for Legal Advice. Seconded by Dr. Popiel. Motion Carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

The Board returned to Regular Session at 2:45 p.m. Ms. Tibbitts asked Dr. Chelson why she did not provide the medical records requested. Dr. Chelson stated she did provide the medical records after receiving a subpoena, as she was concerned with releasing patient information. An administrative error was discovered during the course of board discussion regarding received medical records. Dr. Sadilek made a motion to continue this matter until the next board meeting. Seconded by Dr. Popiel. Roll Call Vote: Ms. Galan; Aye, Ms. Tibbitts; Aye, Dr. Popiel; Aye, Dr. Sadilek; Aye. Motion Carried 4 Ayes, 0 Nay, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**B. Dr. Michael Miles, Case No. 17-083 - Investigative Interview**

Dr. Sadilek recused himself. This matter was tabled due to lack of quorum.

**8. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING DR. SETH BLACK, CASE NO. 17-084, INCLUDING EVALUATION REPORT.**



Dr. Black was present. Ms. Anthony confirmed that Dr. Black has been in compliance with the Interim Consent Agreement for a Practice Limitation.

Dr. Sadilek made a motion to go into Executive Session to discuss confidential information. Seconded by Dr. Popiel. Motion Carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

The Board returned to Regular Session at 3:30 p.m. Dr. Sadilek commented he has a concern reinstating Dr. Black to full prescriptive authority at this time.

Dr. Black requested the ability to certify for medical marijuana and testosterone.

Ms. Galan stated she wants Dr. Sucher’s recommendations kept with regards to any consent agreement offered.

Dr. Sadilek made a motion to offer a consent agreement for practice limitation through June 2018 giving Dr. Black the ability to certify for medical marijuana and prescribe testosterone, but he would not have the ability to prescribe Opioids or Benzodiazepines, the consent agreement utilizes Dr. Sucher’s guidelines as provided in his report from 1/3/2018, where Dr. Black is subject to random drug testing in conjunction to the testing he is already subject to, with reports to Board staff, and requirement for the aftercare program extension for 6 months. In 6 months Dr. Black would be required to come back before the Board for review of his progress and determine whether that limitation should be lifted

Seconded by Ms. Galan. Roll Call Vote: Ms. Galan; Aye, Ms. Tibbitts; Aye, Dr. Popiel; Aye, Dr. Sadilek; Aye. Motion Carried 4 Ayes, 0 Nay, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**9. CONSENT AGENDA, REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING RENEWAL OF MEDICAL LICENSE WITHOUT PREJUDICE TO ANY ONGOING INVESTIGATION.**

- A. Dr. Debora Chelson
- B. Dr. Jelina Ip
- C. Dr. Mark Stengler
- D. Dr. Francesca Quinn
- E. Dr. Kristine Wallace

Dr. Sadilek made a motion to approve items 9 A-E. Seconded by Ms. Tibbitts. Motion carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

F. Dr. Michael Miles - Dr. Sadilek stated his recusal on this item. 9(F) was tabled due to lack of quorum.

**10. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING REQUEST FOR EARLY**

**TERMINATION OF PROBATION, DR. SHONNA CHRISTIAN, CASE NO. 16-052.**

Dr. Christian was present. Ms. Anthony provided a summary of the case. Dr. Sadilek asked what Dr. Christian's plans were for her practice. She indicated she will be moving out of state shortly, and wanted to have this matter concluded prior to that time.

Dr. Sadilek made a motion to approve the request for probation termination. Ms. Tibbitts seconded. Roll Call Vote; Ms. Galan; Aye, Ms. Tibbitts; Aye, Dr. Popiel; Aye, Dr. Sadilek; Aye. Motion Carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**11. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING APPLICATION FOR CERTIFICATE TO ENGAGE IN CLINICAL TRAINING.**

**A. Powell, Cody**

Mr. Powel was present. Ms. Anthony provided a summary of the application. Dr. Sadilek noted the incident involved a DUI from 2007 and questioned if there were any ongoing issues with alcohol or drugs. Mr. Powell stated there had been no other incidents since that date. Dr. Sadilek made a motion to approve the application, Seconded by Dr. Popiel. Roll Call Vote: Ms. Galan; Aye, Ms. Tibbitts; Aye, Dr. Popiel; Aye, Dr. Sadilek; Aye. Motion Carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**B. Ramirez, Jillian**

Ms. Ramirez was present. Ms. Anthony provided a summary of the application. Dr. Sadilek noted the incident took place 4 years prior and questioned if there were any ongoing issues involving this matter. Ms. Ramirez stated there are no ongoing issues. Dr. Sadilek made a motion to approve the application. Seconded by Dr. Popiel. Ms. Galan; Aye, Ms. Tibbitts; Aye, Dr. Popiel; Aye, Dr. Sadilek; Aye. Motion Carried 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

	VOTE	SADILEK Chair	Vacant Vice Chair	TIBBITTS Sec. / Tres.	POPIEL	GALAN	SILBERT	Vacant
Yes	4	x		x	x	x		
No	0							
Abstain	0							
Absent	1						x	
Recused	0							
Vacant	2		x					x

**12. REVIEW, CONSIDERATION, AND POSSIBLE ACTION REGARDING APPLICATION FOR RENEWAL OF MEDICAL LICENSE.**

- A. Dr. Brian Popiel**
- B. Dr. Bruce Sadilek**

This item was tabled due to lack of quorum.

**13. ELECTION OF BOARD OFFICERS**

**A. Election of Board Chair**

Dr. Popiel made a motion to keep Dr. Sadilek as Board Chair. Seconded by Ms. Tibbitts.  
Motion Carried, 4 Ayes, 1 Absent, 2 Vacant.

**B. Election of Board Vice Chair**

Dr. Sadilek made a motion to approve Dr. Popiel as Board Vice Chair. Seconded by Ms. Tibbitts.  
Motion Carried, 4 Ayes, 1 Absent, 2 Vacant.

**C. Election of Board Secretary/Treasurer**

Dr. Sadilek made a motion to keep Ms. Tibbitts as Board Secretary/ Treasurer.  
Seconded by Ms. Galan. Motion Carried 4 Ayes, 1 Absent, 2 Vacant.

**14. APPROVAL OF BOARD MINUTES**

**A. Regular session minutes of November 9, 2017**

Dr. Sadilek made a motion to approve the minutes of November 9, 2017. Seconded by Ms. Tibbitts.  
Motion Carried, 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

**B. Special session minutes of November 25th, 2017**

Dr. Sadilek made a motion to approve the special session minutes of November 25, 2017. Seconded by Ms. Tibbitts. Motion Carried, 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

**C. Regular session minutes of January 11, 2018**

Dr. Sadilek made a motion to approve the minutes of January 11, 2018. Ms. Galan stated there was a typo on page 22. Dr. Sadilek made a motion to approve the minutes with the revision of the typo error.  
Seconded by Dr. Popiel. Motion Carried, 4 Ayes, 0 Nays, 1 Absent, 2 Vacant.

**15. EXECUTIVE DIRECTOR'S REPORT**

**A. Budget**

**B. Licensing and Case Status**

**C. CME Report**

**D. AZIP Report**

Ms. Anthony asked whether the Board had questions about the report. The Board did not have questions.

**16. FUTURE AGENDA ITEMS**

Dr. Sadilek requested additional board training by Ms. Khan to be placed on future agendas as schedule permits.

**17. CALL TO THE PUBLIC**

No public addressed the Board.

**18. ADJOURNMENT**

The meeting was adjourned at 3:53 p.m.